



February 2016

The **CO** **RIER**

WISCONSIN *Veterans* HOME
A KING

**WVH-King held its first
Mental Health Awareness Summit**

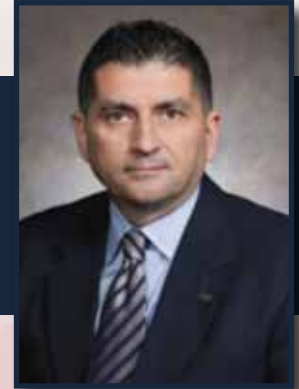


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WDVA Secretary's Column

John A. Scocos
Secretary of the
Wisconsin Department of
Veterans Affairs



Vietnam 40 years ago: President Nixon “Vietnamizes” the war

The defense of freedom is everybody's business not just America's business. And it is particularly the responsibility of the people whose freedom is threatened.

-Richard Nixon, November 3rd, 1969

It was with this in mind in the spring of 1969, shortly after taking over office from Lyndon Johnson, that President Nixon instituted his plan to gradually get the United States out of the war in Vietnam, which had become increasingly unpopular. Americans labeled the plan “Vietnamization.”

Nixon expected to build up the South Vietnamese Army (ARVN) so it could fight its own battles in response to anti-war sentiment in America. President Nixon's plan hoped to give Americans the best of both worlds -- a victorious South Vietnam that would be a roadblock to the spread of Communism, and American disengagement.

As we reflect on the 40 year anniversary of the end of the war in Southeast Asia, Vietnamization was the pivotal “fourth phase.” The first phase involved the French and ended at Dien Bien Phu. U.S. advisers followed to support the South during phase two. The massive effort by the United States to shore up the South and halt the expansion of Communism into Indochina represented the third phase.

Vietnamization illustrated the limits that U.S. military forces confronted in the midst of a difficult “limited war” that had lost public support. Caught in the no man's land of a difficult military and political battlefield were nearly half a million U.S. troops doing their best to serve their country.

Vietnamization called for a massive build-up of the South Vietnamese Army, while slowly pulling back on American troop strength. Eventually ARVN would be strong enough to fight the North Vietnamese.

In many cases, the South fought well. But problems existed. ARVN units needed reform. They lacked artillery, air support, electronics, and other necessities of modern warfare. Desertions or implanted spies were common. South Vietnamese Army officers sometimes rose in the chain of command on the basis of family status instead of merit, and training proved to be spotty. American advisers expressed skepticism that reform could be carried out quickly, if at all.

Meanwhile, as American troops slowly started to trickle out of the beleaguered nation, President Nixon embarked on an ambitious plan to show the North Vietnamese that America “still means business.”

In a show of continued American power, President Nixon ordered the invasion of Cambodia. Hosting North Vietnamese supply bases, and one end of the Ho Chi Minh Trail--the lifeline of the Communist war effort in the South--Cambodia was a reasonable target in a military sense. American leadership hadn't interfered with Cambodia, fearing a wider war, but Nixon, with his new theories of how to win in Vietnam, didn't hesitate to order an incursion. The results were mixed.

Communist sanctuaries were destroyed, and guerilla operations were disrupted. But they were soon relocated and operating again. The effect in America, however, was catastrophic.

Anti-war activities throughout the United States hit an all-time high. The American public, which had been reassured that United States intended to withdraw from the war, saw on television the U.S. invasion of another country and became outraged.

The President also ordered an invasion of Laos, another neighbor to Vietnam, to destroy sanctuaries. The main lifeline for North Vietnam, the harbor at Haiphong, was mined in order to deter supply ships from China and the Soviet Union. And finally, Hanoi was subjected to some of the largest air raids of the war.

Vietnam 40 years ago: President Nixon “Vietnamizes” the war

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By 1971, Nixon’s plan of Vietnamization was in full swing. American troop numbers went down, but the few that remained were being used in new and effective ways. The South Vietnamese Army, still weak, was quickly growing in size, and eventually, by the time America completely withdrew, would constitute the fourth largest military in the world.

This should never happen again. When our troops come home, from whatever situation or whatever conflict, they shouldn’t be shunned and left in the shadows. They’ve earned our support.

This is the eleventh in a series of 15 columns that will be published about the Vietnam War.

As the war changed, U.S. soldiers began returning home in large numbers. Public support was still sliding, however, and sometimes the veterans were jeered instead of heralded – even after many had spent a year in brutal jungle fighting.

The AMVETS Post & Aux. 3 sponsored a luncheon for the women veterans at King.



The groups are from AMVETS Post & Aux. 3, AMVETS Post & Aux. 41 and AMVETS Post & Aux. 45.



Save the Date

2016

OPEN HOUSE

Sunday, May 15th

MEMORIAL DAY

Monday, May 30th

Waterside Ceremony begins at 9:30am

Cemetery Ceremony begins at 10am

FLAG PLACEMENT WILL BE AT 8:30AM

THIS YEAR



Wisconsin Department of Veterans Affairs
Secretary
John A. Scocos

Division of Veterans Homes
Division Administrator
Randy Nitschke

Wisconsin Veterans Home at King
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Jim Knight

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Shannon Hardel

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Ainsworth Hall Executive Director
Molly Gutt

MacArthur Hall Executive Director
Gregory Reichenbach

Olson Hall Executive Director
Sandra Schoen

Stordock Hall Executive Director
Tammy Wood



Dan Buttery (left), **WDVA Assistant Deputy Secretary**



Faith Edgren and **Roxane Rausch** from MHICM Range Program talked about mental health.

Paul Morrison, Army Combat veteran, talks about his experience with PTSD.

The **Wisconsin Department of Veterans Affairs** and the **Wisconsin Veterans Home at King** would like to thank all the sponsors and attendees who helped make the January 23rd Mental Health Summit, "Responding to the Unique Needs of Veterans," an educational and successful event. Special thank you to our sponsors: UW-Waupaca Extension, Center for Suicide Awareness, Green Bay Vet Center, Alzheimer's Association, MHICM Range Program and Legends on the Lake staff.



Mike Crum from Center for Suicide Awareness talks about suicide in the veteran population.

On behalf of the members, we sincerely *Thank Everyone* for their generous donations.



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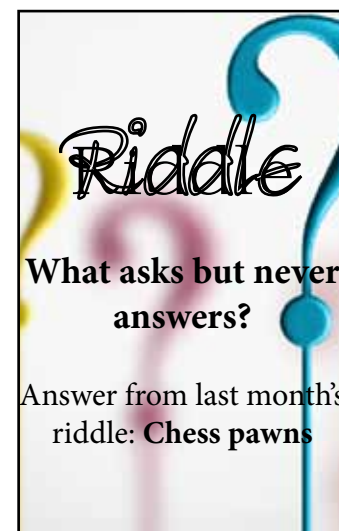
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Waupaca, WI

Wanda Guolee
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Vickie Brommelkamp, Cathy
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WE NEED YOUR HELP: When making a donation, please provide the full name, phone number and complete address (including zip code) of the person or group to be acknowledged.

In Memory of

"Heaven is my throne and the earth is my footprint."

**Hilary Lorbiecki
Lester Cline
Lois Heinrich
Laura Jensen
Gaynell Brunette
Chester Kososky
Robert Maloney**

**Murray Johnson
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Willard Alswager
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HELP WANTED!

Welcome Salute Volunteers are NEEDED!

The Welcome Salute is a new program you may have heard about which started a few months ago at the Wisconsin Veterans Home at King. It is a program that offers new members an opportunity to get to know each other, current members, volunteers, and to learn a little bit more about King campus.

When first coming to King, it is fair to say, one's impression may be that it is a big place with a lot of people to meet, places to go, and things to become familiar with. The Welcome Salute was initiated to assist with making the move to King an easier transition with a more welcoming environment.

So what is the Welcome Salute all about? Within a couple of weeks of being admitted to the Veterans Home at King, new members will receive an invitation from a current member or volunteer to attend the next program. The program takes place every other Thursday in the Marden Library from 9:30 a.m. to 11:30 a.m. On the morning of the Welcome Salute, a member or volunteer will come directly to the new member's room to personally escort them to the Library, so there are no worries for the new member to try to find the location on their own. Coffee and snacks are provided while we go around the room making introductions. Each member is presented with a ribbon honoring their service specific to the branch in which they served. From the Library's meet and greet the new members are taken on a personalized tour by a volunteer of the campus. The new member is able to direct where they want to go and what they want to see. Once the tour is completed, the volunteer escorts the new member back to their room. If the new member would prefer to skip the tour and go directly back to their room, they are able to do that as well.

If you would like to volunteer and become involved, please call Vicki Ponedel at 715-256-5010.

Volunteer

Anniversary

February Anniversaries

- 3 Erling and Louise Landsverk
27 Sylvester and Eva Grabski



We'd like to extend a big THANK YOU to King Activities staff

January 17-23 was Activity Professionals Appreciation week. The Activities staff across campus work hard to continue to provide purposeful and meaningful leisure and recreation programming for the members. We believe that all of our veterans and their spouses have earned the highest quality of life possible no matter their age or functioning level. We truly strive to offer our members opportunities to continue to grow, learn, and use the interests and skills they have developed over a lifetime.

VETERANS SERVICE ORGANIZATION MEETING TIMES

AMERICAN LEGION POST 161

Meets second Tuesday of the month at 7:00 p.m. POST meets in the Marden Memorial Center meeting room. AUXILIARY meets in the Marden Memorial Center Multi-Purpose room.

AMVETS POST 1887

Meets last Monday of the month at 6:00 p.m. in the Marden Memorial Center Multi-Purpose room.

DISABLED AMERICAN VETERANS

Chapter #53 meets at 7:30 p.m. at the New London Community Center. Call (715) 823-5335 for meeting room.

MARINE CORPS LEAGUE

Meets third Thursday of the month at 2:30 p.m. in the Marden Memorial Center Multi-Purpose room.

OPERATION DUSTOFF-VIETNAM VETERANS

Meets second Wednesday of the month at 2:00 p.m. in the Marden Memorial Center Multi-Purpose room. Please call (715) 258-5586 ext. 3311 with any questions.

WAUPACA CVSO

Jesse Cuff will be in the Marden Social Security Office on Tuesdays from 9:00 a.m to noon. For any questions, please call (715) 258-6477 or email him at jesse.cuff@co.waupaca.wi.us.

WI BASE OF SUBMARINE VETERANS

Meets the last Saturday of every month in the Marden Memorial Center meeting room at 10:00 a.m. Please call (715) 630-0279 with any questions.

Meaning of the 13 Folds of Our Nation's Flag

Did you know that at military funerals, the 21-gun salute stands for the sum of the numbers in the year 1776? Have you ever noticed the honor guard pays meticulous attention to correctly folding the flag of the United States of America 13 times? You probably thought it was to symbolize the original 13 colonies, but we learn something new every day!

The **1st fold** of the flag is a symbol of life.

The **2nd fold** is a symbol of the belief in eternal life.

The **3rd fold** is made in honor and remembrance of the veterans departing the ranks who gave a portion of their lives for the defense of the country to attain peace throughout the world.

The **4th fold** represents the weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The **5th fold** is a tribute to the country, for in the words of Stephen Decatur, "Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong."

The **6th fold** is for where people's hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.

The **7th fold** is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all her enemies, whether they be found within or without the boundaries of our Republic.

The **8th fold** is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.

The **9th fold** is a tribute to womanhood, and Mothers, for it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.

The **10th fold** is a tribute to the father, for he, too, has given his sons and daughters for the defense of our country since they were first born.

The **11th fold** represents the lower portion of the seal of King David and King Solomon and glorifies in the Hebrews' eyes, the God of Abraham, Isaac, and Jacob.

The **12th fold** represents an emblem of eternity and glorifies, in the Christians' eyes, God the Father, the Son and Holy Spirit.

The **13th fold**, or when the flag is completely folded, the stars are uppermost reminding us of our Nation's motto, "In God We Trust."

After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States.



Menus are subject to change. Please speak to dining room staff or your dietitian to request alternate choices which are indicated on the menu in parentheses.

Lunch Menus for February 7 - March 5, 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>7</p> <p>Roast Pork with Spiced Apple Ring (Roast Beef)</p> <p>Baked Sweet Potato (Whipped Potatoes)</p> <p>Wax Beans (Spinach)</p> <p>Football Player Cookie</p>	<p>8</p> <p>Braised Beef Tips and Peppers (Macaroni and Cheese)</p> <p>Garlic Mashed Red Potatoes</p> <p>Tossed Salad (Pickled Beets)</p> <p>With French Dressing (Diet Ranch Dressing)</p> <p>Warm Garlic Roll</p> <p>Ranger Cookie</p>	<p>9</p> <p>Lasagna (Turkey Tetrizzini)</p> <p>Steamed Zucchini (Diced Carrots)</p> <p>Warm Breadstick</p> <p>Vanilla Cheesecake</p>	<p>10</p> <p>ASH WEDNESDAY</p> <p>Pollock Loin Baked in Tomato Relish (Chicken Filet)</p> <p>Cheesy Hashbrowns (Whipped Potatoes)</p> <p>Green Bean Amandine (Wax Beans)</p> <p>Lemon Bar</p>	<p>11</p> <p>Chicken Breast with Supreme Sauce (Salisbury Steak)</p> <p>Steamed Red Potato (Whipped Potatoes)</p> <p>Mixed Vegetables (Squash)</p> <p>Poppysed Cake with Icing</p>	<p>12</p> <p>Grilled Cod with Tartar Sauce (Meatloaf)</p> <p>Baked Potato (Whipped Potatoes)</p> <p>Brussels Sprouts (Asparagus)</p> <p>Rye Bread</p> <p>Raspberry Jell-O with Peaches</p>	<p>13</p> <p>Salisbury Steak (Turkey Loaf)</p> <p>Whipped Potato With Gravy</p> <p>Whole Kernel Corn (Green Beans)</p> <p>Banana Cake</p>
<p>14</p> <p>VALENTINE'S DAY</p> <p>Chicken Oscar with Sherry Mushroom Sauce (Veal with Sherry Mushroom Sauce)</p> <p>Noodles Romanov (Whipped Potatoes)</p> <p>Green, Wax Bean and Baby Carrot Medley (Asparagus)</p> <p>Strawberries in Devonshire Cream</p>	<p>15</p> <p>Sweet and Sour Meatballs (Baked Cod)</p> <p>over Steamed Rice (Whipped Potatoes)</p> <p>Sugar Snap Peas (Diced Carrots)</p> <p>Fortune Cookie</p> <p>Tapioca Pudding</p>	<p>16</p> <p>Baked Chicken (Meatloaf)</p> <p>With Cranberry Sauce</p> <p>Country Dumpling with Chicken Gravy (Whipped Potatoes)</p> <p>Squash (Asparagus)</p> <p>Frozen Strawberry Yogurt</p>	<p>17</p> <p>New England Style Boiled Dinner:</p> <p>Ham (Pork Roast)</p> <p>(Turkey Loaf)</p> <p>Boiled Potatoes with Carrots (Whipped Potatoes)</p> <p>Steamed Cabbage (Wax Beans)</p> <p>Potato Roll</p> <p>Raspberry Jell-o</p> <p>Poke Cake</p>	<p>18</p> <p>Meatloaf with Tomato Sauce (Chicken Fillet with Supreme Sauce)</p> <p>Baked Potato (Whipped Potatoes)</p> <p>California Blend Vegetables (Asparagus)</p> <p>Date Cake</p>	<p>19</p> <p>Potato Pancakes with Syrup (Whipped Potatoes)</p> <p>Bacon Strips (Scrambled Eggs)</p> <p>Applesauce</p> <p>Pumpkin Square</p>	<p>20</p> <p>Chicken Pot Pie (Hamburger with a Bun)</p> <p>Tossed Salad (Waldorf Salad)</p> <p>With Thousand Island Dressing (Diet French Dressing)</p> <p>Chocolate Sundae</p>
<p>21</p> <p>BBQ Pork Ribs (Meatloaf)</p> <p>French Fries (Potato Salad)</p> <p>Pea Salad (Carrot Salad)</p> <p>Banana Cream Pie</p>	<p>22</p> <p>Smoked Beef Au Jus (Turkey Tetrizzini)</p> <p>Baked Potato (Whipped Potatoes)</p> <p>Cucumbers</p> <p>Vinaigrette (Tossed Salad with French Dressing)</p> <p>Potato Roll</p> <p>Iced Apple Bar</p>	<p>23</p> <p>Italian Meat Sauce (Turkey Loaf)</p> <p>Over Mostaccioli (Whipped Potatoes)</p> <p>Tossed Salad (Carrot Salad)</p> <p>With Ranch Dressing (Diet French Dressing)</p> <p>Warm Garlic Roll</p> <p>Chocolate Ice Cream</p>	<p>24</p> <p>Rosemary Garlic Pork Chop (Meatloaf)</p> <p>Roasted Red Potatoes (Whipped Potatoes)</p> <p>Pickled Beets (2 Bean Salad)</p> <p>Warm Dinner Roll</p> <p>Double Chocolate Pudding</p>	<p>25</p> <p>Sliced Turkey with Cranberry Sauce (Pork Roast)</p> <p>Sage Dressing with Gravy (Whipped Potatoes)</p> <p>Peas, Mushrooms and Onions (Asparagus)</p> <p>Spice Cake</p>	<p>26</p> <p>Broiled Tilapia with Tartar Sauce (Hot Sliced Turkey)</p> <p>Garlic Mashed Potatoes</p> <p>Fresh Spinach Salad (Pea Salad)</p> <p>With Bacon Vinaigrette Dressing (Diet French Dressing)</p> <p>Warm Rye Bread</p> <p>Raspberry Sherbet</p>	<p>27</p> <p>Chicken Dijon (Tater Tot Hot Dish)</p> <p>Vegetable Fried Rice (Whipped Potatoes)</p> <p>Braised Red Cabbage (Peas)</p> <p>Pistachio Torte</p>
<p>28</p> <p>Beef Pot Roast (Macaroni and Cheese)</p> <p>Whipped Potatoes with Gravy</p> <p>Carrots, Celery and Onions (Wax Beans)</p> <p>Coconut Cream Pie</p>	<p>29</p> <p>Chicken Provolone (Baked Haddock)</p> <p>Garlic-Parmesan Potatoes (Whipped Potatoes)</p> <p>Broccoli Cuts (Diced Carrots)</p> <p>Cheesecake</p> <p>Brownie</p>	<p>1</p> <p>Chopped Steak w/ Sautéed Onions (Turkey Tetrizzini)</p> <p>Creamed Potatoes (Whipped Potatoes)</p> <p>Braised Brussels Sprouts (Green Beans)</p> <p>Orange Sherbet</p>	<p>2</p> <p>Breaded Pork Cutlet with Mushroom Gravy (Scrambled Eggs)</p> <p>Roasted Red Potatoes (Whipped Potatoes w/ gravy)</p> <p>Cauliflower with Cheese Sauce (Spinach)</p> <p>Apple Pie</p>	<p>3</p> <p>Teriyaki Chicken (Tater Tot Hot Dish)</p> <p>Wild Rice Blend (Whipped Potatoes)</p> <p>Vegetable Stir Fry (Asparagus)</p> <p>Fresh Orange Wedges</p>	<p>4</p> <p>Poor Man's Lobster with Drawn Butter (Chicken Breast in Supreme Sauce)</p> <p>Baked Potato With Butter (Whipped Potatoes)</p> <p>Creamy Coleslaw (Pea Salad)</p> <p>Onion Rye Bread</p> <p>Raspberry Vanilla Cake</p>	<p>5</p> <p>Savory Meatballs (Turkey Loaf)</p> <p>Whipped Potatoes</p> <p>Creamed Corn (Diced Beets)</p> <p>German Chocolate Cake</p>



Sister Martha Mafurutu
Catholic Chaplain

Whose Hands

"We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves." 2 Corinthians 4:7

WHOSE HANDS ARE WE USING IN 2016?

The gifts and talents we have are from above. God is in control of all talents and gifts; let us use them for the benefits of His people we serve.

It is a reminder to you and me who serve the veterans and their spouses; it depends on whose hands it's in. We need to put our concerns, worries, fears, hopes, dreams, families, and our relationships in God's hands because, we see, it depends on whose hands it's in.

A tennis racket is useless in my hands. A tennis racket in Serena Williams' hands is worth millions. It all depends on whose hand it's in. A rod in my hands will keep an angry dog away. A rod in Moses' hand parted the mighty Red Sea. It all depends on whose hand it's in. A sling shot in my hands is a toy; a slingshot in David's hand was a mighty weapon. It all depends on whose hand it's in. Two fish and five loaves of bread in my hands is just enough for breakfast in my house. Two fish and five loaves of bread in Jesus' hands fed thousands. It all depends on whose hand it's in. Nails in my hands might just cause a temporary injury. Nails in Jesus Christ's hands produced salvation for the entire world. It all depends on whose hand it's in. As you see now, it all depends on whose hand it's in, so put your

concerns, worries, fears, hopes, dreams, families and your relationships in the hands of God because it all depends on whose hand it's in. This message is now in your hands.... What will you do with it? It all depends on whose hand it's in, according to Father Pat.

"Christ Has No Body," a prayer of Saint Teresa of Avila (1515–1582)

Christ has no body but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands which he blesses the entire world. Yours are the hands, yours are the feet, yours are the eyes, and you are his body. Christ has no body now on earth but yours.

"We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure." This makes it clear that our great power is from God, not from ourselves." 2 Corinthians 4: 7.

We are God's hands here on earth; however, we ourselves are like fragile jars. Our strength is in the Lord. God gave us hands and talents to use them for his glory. How are we using our hands?

Legends on the Lake I and II

Ainsworth Hall Memory Care Units

The Wisconsin Veterans Home at King is home to one of the very best memory care programs in the state and we are uniquely suited to serve those who have been diagnosed with dementia. In fact, over half of the population at the Veterans Home at King has a diagnosis of dementia and we are proud that we have the tools necessary to provide these individuals with the care they deserve.

Legends on the Lake is comprised of two separate memory care units, both in Ainsworth Hall. The staff of Legends on the Lake are focused on providing personal, customized care. The mission of our memory care units is to enhance the quality of life for members with memory related issues while providing specialized care in a home-like and safe atmosphere. We understand the special emotional and physical needs of veterans who suffer from dementia, Alzheimer's disease and other memory impairments.

"I feel like range of motion exercises are easier to do in the Namaste room because they are comfortable and relaxed. I feel that these members are soaking up getting pampered and are always smiling in there."

- Laura, NTA

each member, we are able to incorporate aspects of family, work, hobbies, military service, and interests into their day. By focusing on pleasant times and experiences from their past, we can help members to maintain their highest possible level of functioning. By proposing choices, we help members to preserve their dignity and independence. By forming warm and sincere relationships, we can help members to feel at home and cared for.

The memory care staff are specially trained in understanding, communicating and interacting with memory-impaired individuals. They deliver care with patience, compassion, and skill. As a result, members feel both respected and relaxed. Staff attend ongoing bi-weekly dementia care education. We have used several training programs and are focusing this year on veteran issues, mental health, and person-centered care. We also have a music therapist and an activity therapist who specialize in dementia care. The

Legends on the Lake memory care units have two nationally certified dementia practitioners who can provide staff with education, support, and guidance.

We have a Namaste program for members with late stage dementia. This one-of-a-kind program offers holistic end-of-life care that blends nursing care and meaningful activities to provide peaceful and relaxing end-of-life experiences. In this room, members receive person-centered care with an emphasis on reminiscence, sensory and physical touch. Volunteers, music therapists, chaplains, and other support staff provide additional services for members in this calming environment. We also utilize aromatherapy on each unit. This is used as an approach to support feelings of calmness and contentment. The Wisconsin Veterans Home at King is one of the very few skilled nursing facilities to offer this type of program in the entire state.

"I think that members like it for the relaxation and stimulation; massaging of hands and feet. They like the oils because they help them to relax. Members love the music therapy and could use it every day!"

- Allison, CNA

of calmness and contentment. The Wisconsin Veterans Home at King is one of the very few skilled nursing facilities to offer this type of program in the entire state.

Our ability to care for those who have been diagnosed with dementia makes King a very special place to live. We hope you will help us to spread the word about the quality care we provide. In addition, volunteers mean the world to members of Legends on the Lake. Many of our members are not able to get themselves outside to breathe in the fresh air or initiate an activity. Volunteers with pet therapy dogs and those who are willing to spend 1:1 time with members are needed.

"Namaste is a great opportunity for these members to have a chance to interact. It also gives them a chance to communicate and connect through music. Some of the tools I use are Hello and Goodbye songs that include members' names, a parachute, a variety of instruments and a variety of live and recorded music. I have found members to be more alert, smiling and relaxed."

- Jeanne Trombla, Music Therapist

For more information on our Memory Care Units please call our Admissions Department at 715-256-5027.

Religious Services at the Wisconsin Veterans Home

Catholic Services

SUNDAY	8:00 AM	STORDOCK HALL CHAPEL
	9:00 AM	AINSWORTH HALL CHAPEL
	10:00 AM	OLSON HALL CHAPEL
	11:00 AM	MACARTHUR HALL

Sr. Martha Mafurutu • ext. 2381 • Office Olson Hall, room 136

Lutheran Services

SUNDAY	8:00 AM	MACARTHUR HALL CHAPEL
	9:00 AM	STORDOCK HALL CHAPEL
	10:15 AM	AINSWORTH HALL CHAPEL
TUESDAY	10:15 AM	OLSON HALL CHAPEL

Chaplain Wayne Schwanke • ext. 2465 • Office Ainsworth Hall, room P07

Protestant Services

SUNDAY	7:30 AM	AINSWORTH HALL CHAPEL
	8:30 AM	OLSON HALL CHAPEL
	9:30 AM	MACARTHUR HALL CHAPEL
	10:30 AM	STORDOCK HALL CHAPEL

Chaplain Rich Engle • ext. 2531 • Office Ainsworth Hall, room P07

Bible Studies

MONDAY	10:00 AM	OLSON HALL MULTI-PURPOSE ROOM
THURSDAY	10:15 AM	AINSWORTH HALL 3rd FLOOR SOLARIUM
FRIDAY	10:00 AM	MACARTHUR HALL DINING ROOM
	1:30 PM	STORDOCK HALL MULTI-PURPOSE ROOM

AINSWORTH HALL 1 & 2 SERVICE - MONDAY MORNINGS AT 9:30 AM & 10:30 AM



We would like to welcome the following new members to the Wisconsin Veterans Home at King:

Due to the Federal HIPAA Privacy Act only those members who have releases on file are listed.

Eldon B. Andersen,

a WW II, Korean and Vietnam War Army Veteran joined us on November 2, 2015 from Marshfield. He is living at MH 332B.

Richard J. Meyer,

a Vietnam War Navy Veteran joined us on January 7, 2016 from Sun Prairie. He is living at OH 476B.

Michael G. Mahnke,

a Vietnam War Army Veteran joined us on January 8, 2016 from Milwaukee. He is living at OH 476A.

Robert G. Hardwick,

a Vietnam War Air Force Veteran joined us on January 11, 2016 from Eagle River. He is living at SH 379A.

Stanley B. Cychosz,

a WW II Army Veteran joined us on January 12, 2016 from Stevens Point. He is living at MH 277A.

John S. Czakowski,

a Vietnam War Army Veteran joined us on January 12, 2016 from King. He is living at SH 546A.

Michael F. Young,

a Vietnam War Army Veteran joined us on January 13, 2016 from Green Bay. He is living at MH 260B.

Roy P. Hoffman,

a Peacetime Era Navy Veteran joined us on January 14, 2016 from Whitelaw. He is living at MH 311B.

Elizabeth R. Hoffman,

a Peacetime Era Navy Veteran's spouse joined us on January 14, 2016 from Whitelaw. She is living at MH 311A.

Robert A. Frint,

a WW II Navy Veteran joined us on January 21, 2016 from Madison. He is living at SH 319A.

Darvey L. Guidry,

a Vietnam War Air Force Veteran joined us on January 22, 2016 from Green Bay. He is living at AH 329B.

Loretta M. Wilkening,

a WW II Navy Veteran's Spouse joined us on January 26, 2016 from Waupaca. She is living at 402B.

Wesley R. Warner,

a Vietnam War Navy Veteran joined us on January 28, 2016 from Portage. He is living at OH276B.

Robert W. Mather,

a WW II Army Veteran joined us on January 29, 2016 from Waupaca. He is living at OH 449A.

Jared R. Green,

a Vietnam War Marine Corps Veteran joined us on January 29, 2016 from Woodruff. He is living at SH 549A.



The Portage County RSVP Silver Threads donated their time creating beautiful blankets for Code Red, White and Blue and Amazing Grace. Thank you to the King Rec Committee, Antoinette’s Quilt Shop-Plover, the Quilting Studio, LLC-Plover, Herrschners-St. Point and Meandering Mary-New London for supporting the Portage County RSVP Silver Threads an the Code Amazing Grace dignity quilt project.



“It was our absolute honor to create the dignity quilts for the Code Amazing Grace program. The Silver Threads members put in over a thousand volunteer hours over a six-month period, designing and creating each dignity quilt with quality materials and loving care for this very special project.”

~ Cathy MacKay, Portage County RSVP Assistant & Silver Threads Coordinator

December activities sponsored by the King Recreation Committee, Inc.

Marden In-House Meal:(Chili)	\$ 300	AMVETS
Marden In-House Meal:(Little Caesar’s Pizza)	\$ 300	ALA
Catered Meals (\$300 each building)	\$1200	DAV
“CARAVAN” Family Band- (2/27/16)	\$ 250	DAVA
Entertainment (all bldgs.)	\$ 400	May Luchsinger
New Year’s Eve Parties- buildings	\$ TBD	King Recreation
(Includes food for all 4 buildings + music for 2 buildings: KNX Band(\$150) for OH and AH- Rod Frankvois (\$75)- Other two buildings had free entertainment)		



Thank you for your support and making a difference in the lives of King’s veterans and their families.

FEBRUARY Birthdays

1	Robert Conquest	MH230
2	Vincent Flynn	SH462
	Richard Schulte	OH531
5	Alfred VanLoo	MH259
	Antone Jackim	AH165
	David Sasada	OH538
6	Michael Gibellina	SH202
	Edward Tronnier	OH411
	Gerald Bronas	OH246B
8	Carson Klinetob	SH219B
9	James Steinberg	OH252
	Nancy Bickford	AH226
10	James Stratton	OH422
11	Alice Dobinski	AH417
12	Lester Buss	AH427
16	Kenneth Gehrt	SH402
17	Wallace Wilkening	AH256
	George Bratz	SH276A
20	Jerome Huss	AH216

20	Delores Hilliard	MH274B
	Roy Kardoskee	AH139
	Kenneth Keller	AH242
21	David Kitowski	SH263
	Edward Huff	SH371
23	Lynold Partridge	MH314
24	Donald Miller	SH419A
	Alan Rudnitzki	OH519A
25	Dominick Jackan	OH276B
	George Wallis	OH322
	Melvin Steffens	AH452A
26	Betty Justus	OH516B
	James Schnering	SH249B
	Ellsworth Peterson	OH236
	Reginald Newton	SH316A
27	Branden Brandenburg	SH411
28	Floyd Hanamann	OH319B



Ken & Beverly Rindt from MacArthur Hall sing a song with entertainers, Joe and Janice.

MARCH Birthdays

1	Robert Johnson	OH419A
	Jerry Owen	OH552
2	Thomas Neumann	SH480
	Allen Jacobsen	OH253
3	Sally Beuer-Tajovsky	SH442
	Lawrence Shallue	OH320
4	Florence Domokos	AH104
	Jerome Kolberg	OH525
5	Sheldon Klutz	SH405
	Rita Zastrow	AH322
	Ramon Skodinski	OH539
	Raymond Altman	MH212
	Jeffrey Rataichek	SH5222
6	David Salan	MH363
	Wesley Barraud	OH419B
7	Carl Mapps	MH255
	Donald Nelson	SH241
	Marilyn Heleniak	AH131
	Patrick Pludeman	SH485
	Thomas Holterman	MH381
8	Richard Radlinger	OH506
	Michael Mahnke	OH476A
	David Bird	OH219A
9	Edward Lein	SH479B
	Charles Turner	OH263
10	Leland Trinrud	MH359
	William Brouillet	SH541
	Cecelia Smith	OH431
	George Crowley	AH317
	David Coss	SH511

11	Thomas Welnetz	SH441
	Kenneth Davidson	AH126
12	Eldon Treichler	OH380
13	James Szutkowski	SH579B
	Robert McQuitty	OH211
	Edward Michalik	AH109
14	Harold Brunner	OH446A
	John Meinen	AH235
15	Joseph Smith	AH157
	John Wiedow	SH252
16	Victor Gutt	OH535
	Shirley Cross	AH342
17	Patrick Spreda	OH342
18	Donald Hoefs	MH361
19	James Kempf	OH435
20	Eleanore Mikich	SH505
	Phyllis Roberts	AH202B
	Donald Dutcher	OH423
21	Gladys Pleshek	OH579A
	Walter Anderson	AH122
	Roger Rasmussen	OH372
	John Krizan	SH425
	Wendell Lepic	OH412
	Royce Blankinship	OH429
	Bert Stewart	OH471
22	David Nottleson	SH569
	Adam Paterson	AH258
	Thomas Courtney	AH162
23	Virginia Siburt	AH232B
	Ray Duval	OH369

23	Michael Waite	OH555
24	Hazel Ognie	SH529
	Darlene Schimdt	SH453
	Wendell Phillips	SH555
25	Charles Hall	AH205
26	Raymond Raeder	AH328A
	Michael Greenwood	AH453
27	James Bedor	OH241
	Jacqueline Conquest	MH337
	Jerome Plantikow	AH338
28	Harold Nelsen	AH328B
	Jacob Lodzinski	OH438
	Wallace Morton	OH466
	Richard Forster	AH407
29	Elaine Kemp	MH378
	Geraldine Falk	MH331
	Gary Dumas	SH272
30	Russel Schinke	MH322
31	Hope Vierck	MH383

HAPPY BIRTHDAY

Watercolor Group



Getting in shape for the New Year.



Red Hat Group



The members at Ainsworth Hall had a great time playing bean bag toss.



Employee Recognition Event

On Thursday, January 28, 2016 some of the staff were recognized for their years of service.



Mary Hart received the Employee Achievement award.



Connie Niemuth received the Employee Achievement award.



Mary Dittmann received the Employee Achievement award



Erin Lemke received the Employee Achievement award.



Congratulations Jeanne Peskie for your 35 years of service!



The Payroll Department (Jill Johnson, Jeni Anderson and Sue Molder) received the Employee Achievement award.



Commandant Jim Knight and Deputy Commandant Shannon Hardel compared to see who makes the best chocolate chip cookies. The Deputy Commandant won the Doughboy trophy in a close race, winning 18 to 14.



Gil and Wanda Guolee from MacArthur Hall sponsored a catered meal for members from the Chain Bar.

AROTC Cadets Visit



Gary Mader

Waupaca Learning Center Students



Fred Muschinske



Vera Neidy



Ruby Stupich



Russell Potter & Larry Cavanaugh



Eldon Andersen



Medal of Honor Monument

Become a part of America's Military Heritage.

To honor Wisconsin recipients of the nation's highest military honor, the Wisconsin Department of Veterans Affairs has established a Medal of Honor memorial at the Veterans Home in King, Wisconsin. There will now be an opportunity to memorialize Wisconsin's bravest and your loved ones by donating toward an engraved brick.

A platform brick is a lasting way to remember a veteran and loved ones. It's also a great way for businesses to show their support for our nation's veterans. A brick donation also provides long-term support for the monument and contributes to the continued beautification of the grounds at one of the nation's oldest veterans' homes.

Donations to the Medal of Honor Memorial Brick Program are tax exempt, subject to applicable laws and the receipt of goods or services in conjunction with your donation.

Make your check payable to the **Medal of Honor Memorial Brick Program**, and send it to **Wisconsin Veterans Home at King, Marden Center, Attn: Nick Peskie, N2665 County Road QQ, King, WI 54946-0600**. For more information, please call (715) 256-5020. Bricks will be installed by Memorial Day and Veterans Day. All submissions are due by April 30th or October 15th. *Thank you* for supporting our nation's heroes.

\$250
8"x8"

\$500
16"x8"

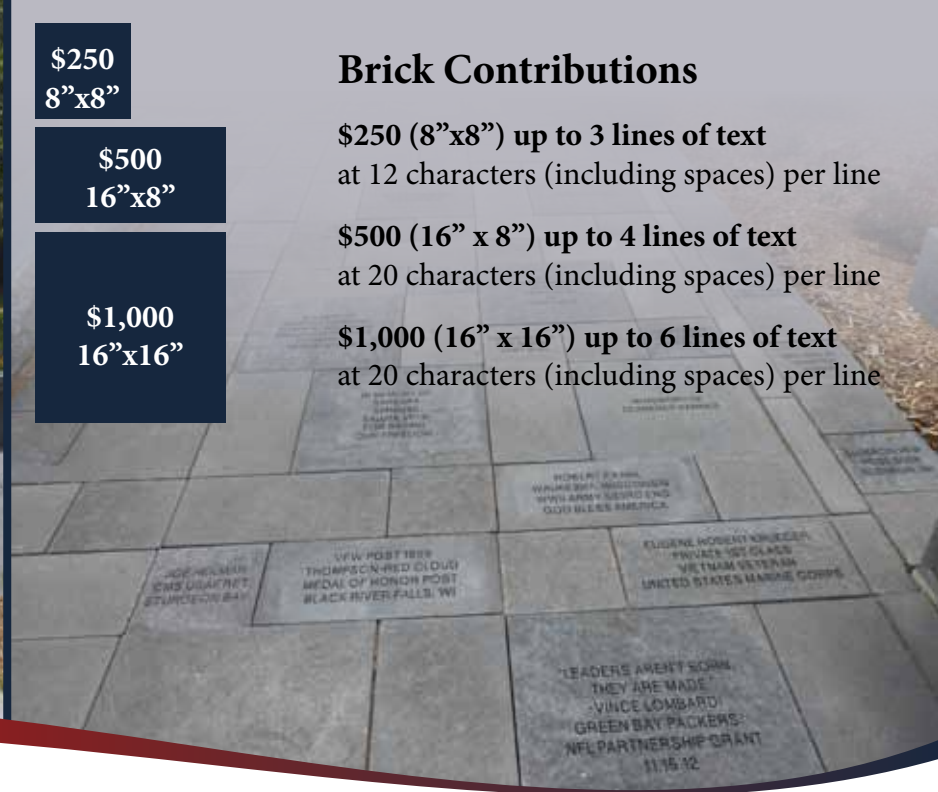
\$1,000
16"x16"

Brick Contributions

\$250 (8"x8") up to 3 lines of text
at 12 characters (including spaces) per line

\$500 (16" x 8") up to 4 lines of text
at 20 characters (including spaces) per line

\$1,000 (16" x 16") up to 6 lines of text
at 20 characters (including spaces) per line



The bluegrass band, **Dekorra**, entertained the members in January.



Olson Hall enjoyed a catered breakfast sponsored by MOPH.

Members from Olson Hall made cardinals with students from the **Waupaca Learning Center**.



Betty Justus

Red Hat spa day!



The calendar for all the buildings are on our website at www.WisVets.com.



MARDEN MEMORIAL CENTER THEATER

Movies scheduled for MARCH are:

Tuesday, March 2nd
at 1:30pm
The Hustler
2 hr 15 min G

Wednesday, March 3rd
at 1:30pm
The Lemon Drop Kid
1 hr 31min NR

Thursday, March 4th
at 1:30pm
Annapolis
1 hr 42 min PG-13

Friday, March 5th
at 1:30pm
3:10 to Yuma
2 hr 2 min R

Monday, March 7th
at 1:30pm
We Are Marshall
1 hr 43 min PG

Tuesday, March 8th
at 1:30pm
Hoosiers
1 hr 55 min PG

Wednesday, March 9th
at 1:30pm
United 93
1 hr 51 min R

Thursday, March 10th
at 1:30pm
12 Years a Slave
2 hr 14 min R

Friday, March 11th
at 1:30pm
Warhorse
2 hr 26 min PG-13

Monday, March 14th
at 1:30pm
Blazing Saddles
1 hr 33 min R

Tuesday, March 15th
at 1:30pm
Guns of Navarone
2 hr 37 min NR

Wednesday, March 16th
at 1:30pm
Cast Away
2 hr 23 min PG-13

Thursday, March 17th
at 1:30pm
50 First Dates
1 hr 39 min PG-13

Friday, March 18th
at 1:30pm
Four Brothers
1 hr 42 min R

Monday, March 21st
at 1:30pm
People Will Talk
1 hr 37 min N/R

Tuesday, March 22nd
at 1:30pm
Rambo
1 hr 31 min R

Wednesday, March 23rd
at 1:30pm
Zombie Land
1 hr 22 min R

Thursday, March 24th
at 1:30pm
West Side Story
2 hr 32 min N/R

Friday, March 25th
at 1:30pm
Grapes Of Wrath
1 hr 42 min PG

Monday, March 28th
at 1:30pm
Knocked Up
2 hr 13 min R

Tuesday, March 29th
at 1:30pm
Iron Man
2 hr 5 min PG-13

Wednesday, March 30th
at 1:30pm
The Hangover
1 hr 40 min R

Thursday, March 31st
at 1:30pm
Amish Grace
1 hr 29 min N/R

Friday, April 1st
at 1:30pm
Walk the Line
2 hr 13 min PG-13

Intergenerational Group

Stordock Hall took pleasure in pot roast and the fixings from Ambrosia's. The meal was sponsored by **MOPH.**



The Library has added several books to its permanent collection. Following are some of those books.

Make Me by Lee Child

(a Jack Reacher Novel)

Jack Reacher can't figure out why the town he stopped in is called "Mother's Rest." The tiny town is nestled in a thousand square miles of wheat fields, and holds a railroad stop plus sullen watchful people. He also meets a woman named Michelle Chang who mistakes him for someone else. She thinks he is her missing partner – the partner who disappeared during a private investigation which she fears turned lethal. Reacher decides to team up with Chang and help her find out what became of her partner. The investigation finds them running in to thugs and assassins every step of the way! But, as always, Reacher's rule is: If you want me to stop, you're going to have to make me.

Come Rain or Come Shine by Jan Karon

Fans will be happy to catch up with Dooley Kavanagh in this latest Mitford Novel. Dooley has graduated from vet school and has opened his own animal clinic. Since money will be tight for a while, he and his fiancée want to keep their wedding simple.

Their plan is to eliminate the cost of catering and do a potluck reception in the barn. Enjoy their June day in the mountains, with more than a few creatures "great and small."

The Hunter Killers by Dan Hampton

A US F-4 phantom jet was suddenly blown out of the skies over Vietnam in July of 1965, followed by several more tragic losses of our aircraft – due to Soviet technology's production of the lethal SA-2 surface to air missile ("SAM").

The Pentagon ordered a top secret program called Wild Weasel I to counter the SAM problem. These Wild Weasel pilots were asked to fly behind enemy lines and into the teeth of this threat. What seemed like a suicide mission to most resulted in pilots "beating the door down" to join. There was a 50 per cent casualty rate, but those who survived revolutionized warfare forever.

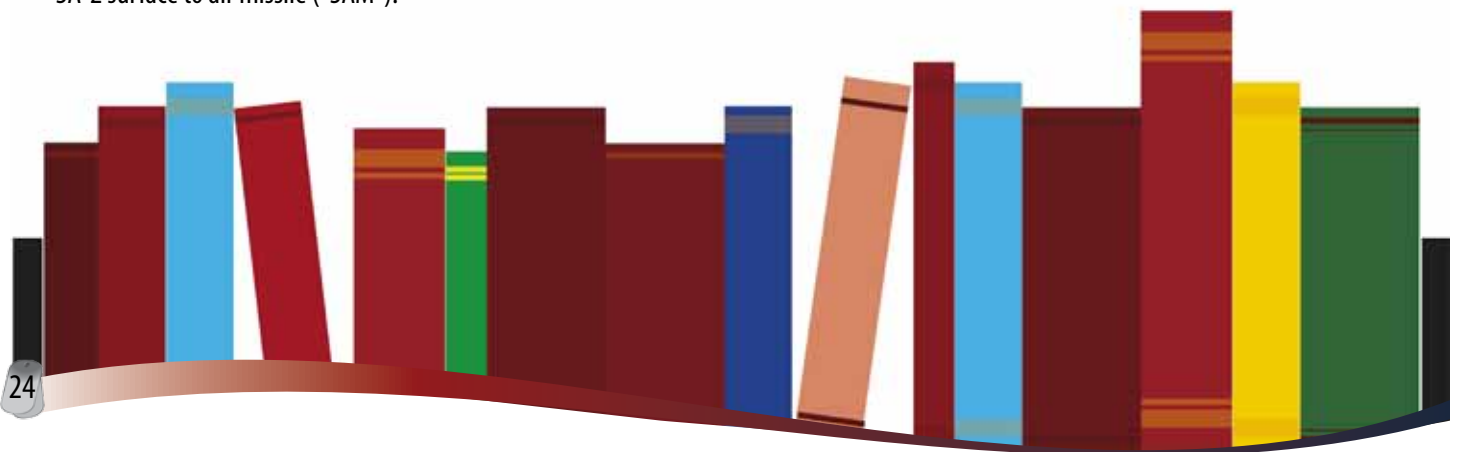
This is a bestseller written by a man who is himself a highly decorated F-16 Wild Weasel pilot. It is a gripping chronicle "of the first-generation Weasels, the remarkable band of aviators who faced head-on the advanced Soviet missile technology that was decimating fellow American pilots over the skies of Vietnam."

Crazy Mountain Kiss by Keith McCafferty

(a Sean Stranahan Mystery)

Imagine finding a Santa hat in the fireplace ashes of your rented cabin in Montana. When you end up having to climb to the roof to see what is clogging the flue, you find the body of a teenage girl wedged into the chimney! So begins this mystery which results in the hiring of fly-fishing guide and private detective Sean Stranahan.

Sean teams up with the county sheriff Martha Ettinger who has been hunting for the deceased girl since she went missing the previous November. This page-turner will draw you in – be sure you are ready for the legends of Montana's Crazy Mountains!





Erling Landsverk
WVH-King Member

Remember January?

Well of course you do. It wasn't a bad month, it was cold, but then it is supposed to be cold. It was cold, unpredictable and in general a month of unpleasant weather. However, it is supposed to have snow, below zero temperatures, with icy roads and ice fishing. As for me, I very much dislike cold temperatures, snow, unreliable weather forecasters, and ice fishing. I suppose there are more irritants, but that should do for my initial description of January.

I almost forgot the final straw. The Packers had a lousy season and even embarrassed some of its fans. I really dislike to admit my childish complaints which are miniscule when I consider the positive points about January. Ice fishermen could be seen on lakes nearby with big smiles as they held up their catch for all to see. The cold snap in mid January made it possible. Children had their first chance to frolic in the snow and make angels in the snow. The Wisconsin basketball team is piling up points against their opponents and pulling off a lot of victories. At least once a week we can listen to the antics of our politician. It's even better than some of the newer comedies. Of course, I hate to admit it, but Wisconsin highways have for the most part been dry and safe to drive on and we did have one day during a few warmer days when the temperature reached 50 degrees for a few hours.

All of us members here at the King Veterans Home tend to be a little concerned about our children, our grandchildren and our great grandchildren. I suppose it's only natural for us to feel this concern, but we should

remember that our family members are very much relieved to have us living here at the King Veterans Home where we are safe, warm and well cared for. If many of us who suffer from various disabilities were living at home our children would be on the phone constantly inquiring about our health. When we live here at King, they need not be concerned and they can come up to visit whenever they have time and enjoy each other's company. So you need not feel concerned, but rather smile and be thankful you are here. It really doesn't matter that they don't serve lutefisk.



Picture submitted by MacArthur Hall member
Wanda Goulee.

Heartland Hospice Volunteers at WVH-King

Hospice is a special kind of care designed to provide comfort, as well as spiritual and emotional support, for terminally ill members and their families. Hospice focuses on enhancing quality of life, rather than length of life. One of the hospice companies that serves members at WVH-King, Heartland Hospice, supports members and their families wherever they are in their health care journey and respects their goals and values. Heartland volunteers are a large component of this care. They offer support, companionship and compassionate help. Some volunteers interact directly with members and families, while others prefer to work behind the scenes in the office setting.

Heartland volunteers at WVH-King help enrich the lives of members in different ways. Friendly visitor volunteers spend time with individuals and can assist with activities including reading aloud, playing cards, going on walks, caregiver relief, helping with errands, or just listening or holding someone's hand. Some play an instrument or enjoy singing and share those talents with hospice members who enjoy music. Heartland's Pet Therapy certified volunteer dog provides social interaction and enjoyment to hospice members who love animals. Bereavement volunteers are trained with knowledge and skills to meet with family members who have lost a loved one and are grieving. Vigil volunteers are trained with additional skills to provide companionship in the member's final hours. Veteran volunteers are also available and can help create that special bond that veterans understand.

Volunteers come in many shapes and sizes – and in some cases – different breeds! Volunteers have the opportunity to meet members who have similar backgrounds and interests. Heartland is always open to receiving volunteer visit requests for members who are being cared for by Heartland Hospice. Volunteer requests can come from the member themselves, family members, or WVH-King staff.

Heartland Hospice volunteers at WVH-King report that they love their visits with members because they enjoy hearing their stories, feeling touched and thankful for what they have sacrificed for our country, and seeing them smile when they see a friendly face and someone to talk to.

Please contact Heartland Hospice's Volunteer Coordinator, Amanda at 715-344-4541 for more information.

Upcoming Major Events at the Wisconsin Veterans Home at King

Celebration of the Arts
Wed., February 10

Medal of Honor Day
Fri., March 25

Vietnam Veterans Day
Tue., March 29

USO Prom Night
Tue., April 12

Volunteer Banquet
Wed., April 20

Work Therapy Week
April 25-29

**National Military
Appreciation Month**
May

**Semi-Annual
Commemoration Service**
Sat., May 7

**National Nursing Home
Week**
May 8-14

Open House
Sun., May 15

For more events, please visit
www.WisVets.com

State of Wisconsin

Scott Walker
Governor

Wisconsin Veterans
Home at King

Jim Knight
Commandant

Courier Staff

Amber Nikolai
Member and Public Relations
Director

Wisconsin Department
of Veterans Affairs

John A. Scocos
Secretary

Division of
Veterans Homes

Randy Nitschke
Division Administrator

Mary Grace Biesek
Marketing Specialist

Subscription Information

Submissions for The Courier are due the 25th of the previous month.

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Wisconsin Veterans Home at King
N2665 County Road QQ
King, WI 54946-0600

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