

WHAT'S COOKING?

LUNCH MENUS FOR January 22, 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
BBQ Pork Ribs (Meatloaf) French Fries (Whipped Potatoes) Pea Salad (Carrot Salad) Banana Cream Pie	Smoked Beef Au Jus (Turkey Tetrizzini) Baked Potato (Whipped Potatoes) Cucumbers Vinaigrette (Tossed Salad with French Dressing) Potato Roll Fresh, Sliced Apples with Caramel Sauce	Italian Meat Sauce (Turkey Loaf) Over Mostaccioli (Whipped Potatoes) Tossed Salad With Ranch Dressing (Carrot Salad) (Diet French Dressing) Warm Garlic Roll Chocolate Ice Cream	Pork Chop with Bacon, Apple and Onion (Meatloaf) Roasted Red Potatoes (Whipped Potatoes) Pickled Beets (2 Bean Salad) Warm Dinner Roll Double Chocolate Pudding	Sliced Turkey with Cranberry Sauce (Pork Roast) Sage Dressing with Gravy (Whipped Potatoes) Fresh Baked Squash (Asparagus) Spice Cake	Lemon Peper Tilapia with Tartar Sauce (Hot Sliced Turkey) Garlic Whipped Potatoes Fresh Spinach Salad (Pea Salad) With Bacon Vinaigrette Dressing (Diet French Dressing) Warm Rye Bread Raspberry Sherbet	Chicken Dijon (Tater Tot Hot Dish) Vegetable Fried Rice (Whipped Potatoes) Braised Red Cabbage (Peas) Carrot Cake with Icing
29	30	31	01	02	03	04
Beef Pot Roast (Macaroni and Cheese) Whipped Potatoes with Gravy Carrots, Celery and Onions (Wax Beans) Coconut Cream Pie	Chicken Provolone (Baked Haddock) Noodles with Alfredo Sauce (Whipped Potatoes) Broccoli Cuts (Diced Carrots) Cheesecake Brownie	Chopped Steak w/Sautéed Onions (Turkey Tetrizzini) Creamed Potatoes (Whipped Potatoes) Braised Brussels Sprouts (Green Beans) Orange Sherbet	Breaded Pork Cutlet with Mushroom Gravy (Scrambled Eggs) Roasted Red Potatoes (Whipped Potatoes w/gravy) Cauliflower with Cheese Sauce (Spinach) Apple Pie	Teriyaki Chicken (Tater Tot Hot Dish) Wild Rice Blend (Whipped Potatoes) Vegetable Stir Fry (Asparagus) Fresh Orange Wedges	Poor Man's Lobster With Drawn Butter (Chicken Breast in Supreme Sauce) Baked Potato With Butter (Whipped Potatoes) Creamy Coleslaw (Pea Salad) Onion Rye Bread Peanut Butter Pie	Swedish Meatballs (Turkey Loaf) Whipped Potatoes Creamed Corn (Diced Beets) Pistachio Torte
05	06	07	08	09	10	11
Oven Fried Chicken With Cranberry Sauce Garnish (Meatloaf) French Baked Potato (Whipped Potatoes) Broccoli Cuts (Diced Beets) Pineapple Upside-Down Cake	Stuffed Pepper (Baked Haddock/Whipped Potatoes) Shredded Cheese Whole Kernel Corn (Diced Carrots) Butterscotch Pudding	Build Your Own: Hamburger with a Bun (Grilled Chicken Breast) Lettuce, Tomato, Onion, Pickles (2 Bean Salad) Waffle Fries (Potato Salad) Vanilla Ice Cream	Chicken Pot Pie (Chili with Crackers) Broccoli Coleslaw (Pickled Beets) Gingerbread Cake with Lemon Whipped Topping	Veal Parmesan Garlic Parmesan Potatoes (Macaroni and Cheese) Sliced Carrots (Diced Rutabagas) Warm Garlic Roll Éclair Dessert	Baked Haddock with Tartar Sauce (Scrambled Eggs) Baked Potato With Butter (Whipped Potatoes) Cauliflower Salad (Cucumber Salad) Rye Bread Egg Nog Cake	Glazed Pork Ribs (Meatloaf) Boiled Potatoes (Whipped Potatoes) Sauerkraut (Wax Beans) Black Forest Mousse

<p style="text-align: right;">12</p> <p>Baked Chicken With Cranberry Sauce Garnish (Roast Pork) Whipped Potatoes with Gravy Whole Kernel Corn (Diced Carrots) Peach Pie</p>	<p style="text-align: right;">13</p> <p>Italian Meatballs with Spaghetti (Macaroni and Cheese) Tossed Salad with Blue Cheese Dressing (Pickled Beets) (Diet French Dressing) Warm Breadstick Fruit Cocktail</p>	<p style="text-align: right;">14</p> <p><u>Valentine's Day</u> Surf and Turf – Grilled Ribeye with Shrimp Scampi (Grilled Chicken in Wine Sauce) Au Gratin Potatoes (Whipped Potatoes) Waldorf Salad (Tossed Salad with Diet French Dressing) Potato Roll Valentine's Cookie</p>	<p style="text-align: right;">15</p> <p>Chop Suey over Steamed Brown Rice (Macaroni and Cheese) Sugar Snap Pea Pods (Asparagus) Chow Mein Noodles Angel Food Cake with Strawberry Topping</p>	<p style="text-align: right;">16</p> <p>Grilled Reuben Sandwich (Turkey Tetrazzini) French Fries (Whipped Potatoes) Creamy Coleslaw (Two Bean Salad) Pickle Spear Butterscotch Ice Cream Sundae</p>	<p style="text-align: right;">17</p> <p>Shrimp Mates with Cocktail Sauce (Baked Haddock/Scrambled Eggs) Cheesy Hashbrowns (Whipped Potatoes) Tossed Salad with Thousand Island Dressing (Pea Salad) Rye Bread Cinnamon Streusel Coffee Cake</p>	<p style="text-align: right;">18</p> <p>Ham-Stuffed Chicken w/ Swiss Cheese Sauce (Meatloaf) Noodles Romanov (Whipped Potatoes) California Blend Vegetables (Asparagus) Black Forest Bar</p>
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