



Our New Bus is Here!

On April 18th we hosted a grand unveiling. It is a 12 passenger non-CDL bus equipped with handrails for our members who ride in wheelchairs, the biggest lift we could get, and wider reclining seats. Our members and staff voted on design and the new name! We will be calling it the Freedom Bus. We wanted a great ride for our members when they attend outings and also something which would meet the needs of our members for years to come!



HAPPY Birthday!

Happy Birthday from the Staff of King
May your day be wonderful and richly blessed!

May 3 Joyce Louis	May 10 Craig Miller Sue Swongr	May 17 Linda Damkot
May 4 Sue Bouck Sandy Conratt Jeff Welch	May 12 James Burton Daniel Gengler	May 18 Harold Spoerke
May 5 Kevin Miller	May 13 Zac Topping	May 19 Marie Dieck
May 6 Rick Loga Susan O'Neill Donald Roberts	May 14 Steve D'Amanda Verona Morgan	May 21 Robert Whitman Guy Felt
May 9 Kathy McGowan	May 16 Don Holmes Donald Hildeman	May 22 Bob Nyiri
		May 23 Robert E. Dieck
		May 29 Debra Deporter



OPEN HOUSE

Sunday, May 21, 2017
10am-2:30pm

King Open House will feature our magnificent location, facilities, physical resources, job opportunities and numerous activities to entertain all ages!

Go to www.WisVets.com to register for the Car Show.

WVH-King | N2665 Cty Road QQ, King, WI 54946 | 715.258.4247 | www.WisVets.com

Reminder

Please take the time to check the volunteer board and office for updated activities and trips we need assistance with, as well as other important information. Almost everything is duplicated on the volunteer stations in the buildings. Please check these whenever you are in the buildings. Thank you.

NEW VOLUNTEER ORIENTATION - May

Already a Registered Volunteer?

You are welcome to join the orientation as well or visit our website to view New Volunteer Orientation materials and powerpoint presentations:

www.wisvets.com

- ✓ Click on the Veterans Home tab
- ✓ Click on King
- ✓ Click on Volunteer

Orientation Time

If the below date and times do not work for you, or if you have a pet that requires a one to one orientation, please call 715-258-5586 X4247 to arrange an appointment).

Marden Movie Theatre.

Saturday, May 13th

Tuesday, May 23rd

10:00 a.m. to Approximately Noon

Thank You For Volunteering

Filling Out the Hours Report

If you are not using Volgistics to log your volunteer hours, please be sure to PRINT the following information:

- ✓ First and Last Name
- ✓ Date
- ✓ Where you volunteered (e.g., hall / trip) / What you did (e.g. bingo, one to one visit, etc.)

New forms are being created to help you provide accurate information.



MAY 2017

Veterans Café

Secretary Zimmerman has announced that the Veterans Café will be changing back to the friendly counter service it once was. We recently conducted a survey asking what members, volunteers, and staff would like to see in this area. Thank you to those of you who responded. We are now in the process of selecting equipment to make some of those suggestions a reality. Things being considered are: a salad bar, convection type oven to cook pizzas and burgers quickly, and different options for coffee.

We will also continue a project already underway, which is replacement of all flooring and the purchase of new furniture for the lower level of the Marden. Once the flooring is completed later this summer, we can build the counters and install needed equipment. Our hope is to have the new space closed for only a minimal amount of time in early Fall for construction and then open by Veterans Day. We will keep you posted on the progress.

Volunteer Handbook

The new volunteer handbook is out and available for you. We recommend that you pick up a copy in the Marden Center. It is full of useful material and contact information.



Memorial Day • May 29, 2017

6:00 a.m: Flag placement in cemetery

9:30 a.m: Waterside Service

10:30 a.m: Cemetery Service

1:30 p.m: Entertainment in the park for members.

We are looking for Volunteers who are interested in assisting members getting out to the park in the afternoon. The band Catfish & Caviar will be playing in the bandstand starting at 1:30 PM.

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in service of country. Waterloo New York was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966. Learn more about this day at: <http://www.usmemorialday.org>

Welcome New Volunteers

Barbara Belmonti

Alan Betz

Richard Frisch

Dian Rusch

VOLUNTEER CREED

Author Unknown

*I shall pass through this world but once.
Any good, therefore that I can do
Or any kindness I can show
To any fellow creature, Let me do it now.
Let me not defer nor neglect it,
For I shall not pass this way again.*

King Volunteer Statistics: Volunteer records 550; Archived volunteer records 57; Cumulative hours of service over 415, 195

IN THE SPOTLIGHT

Volunteer of the Month:

Meet Arthur Hill Jr.



Arthur's assistance is greatly appreciated at our Catholic services, especially in Stordock Hall at 8:00 AM communion services. The compassion Arthur shows to the people he serves is an inspiration for all of us at the Veterans Home at King. He is recognized for how he treats everyone with kindness and respect, no matter what the situation may be. No matter the weather, Arthur is here to help nearly every Sunday. Members have stated, "Oh my goodness, this guy is great; he always gives without counting the cost."

"May the Almighty God shower you with blessings from above for the wonderful work you are doing. What you provide through your words and actions goes a long way toward helping our Veterans to keep their dignity. I just want you to know that your work hasn't gone unnoticed. I have seen you a number of times at St. Mary Magdalene helping out. (Knights of Columbus) during Saturday mass services. To my surprise, the following Sunday mornings, you have faithfully been here at King at 7:30 AM bringing the Members to the Chapel."

Sister Martha Mafurutu BCC

Pet of the Month:

Meet Sophie

Stordock Hall would like to introduce Sophie! The TEAM here at Stordock knew that Depression and Anxiety could be decreased through something so simple as time with a pet. Sophie works day shift Monday through Friday.

Members who care for Sophie shared the following:

"Since I have been with Sophie, it feels more like home....it's like I have my pet again".

"I just enjoy watching her play. She makes me happy".

"I had to give up my pug to come here. It is just so nice to have something to love again."

"I cried when I held her because she needed me as much as I needed her".

"Every floor should have a Sophie".

As a staff person working with some of the members that Sophie spends time with, I have noticed an increase in socialization and improved mood. Members who have routinely isolated in their rooms are coming out to either play with Sophie or take her outside. They are initiating contact with others to talk about Sophie.

Another unexpected benefit to having Sophie in Stordock Hall is that she has added to uplifting staff morale. Sophie is just as happy to greet staff as she is the Members. Staff get great enjoyment out of seeing the Members happy and spending time with Sophie.

* Just 15 minutes bonding with an animal sets off a chemical chain reaction in the brain, lowering levels of the fight-or-flight hormone cortisol and increasing production of the feel-good hormone serotonin. The result: heart rate, blood pressure and

stress levels immediately drop. Over the long term, pet and human interactions can lower cholesterol levels, fight depression and may even help protect against heart disease and stroke. This is why pets for the elderly can be so beneficial.

* For seniors, the benefits of a furry companion can be life-changing. Walking a dog is great cardiovascular exercise, but just



the simple act of caring for a pet-petting, brushing, feeding-provides both mild activity and a means to stay engaged with the world. Pets can make the elderly feel needed, and that feeling can translate into a greater sense of purpose and self-worth. During what can be a lonely time of life, the unconditional love of a cherished dog or cat can be a bridge to more socialization with others, lowered stress, mental stimulation and a renewed interest in life.

* Pet therapy for the elderly has also proven to be a powerful tool for what's known as "Sundowners Syndrome" evening periods of increased agitation and confusion in those with Alzheimer's. Animals' non-verbal communication and profound acceptance can be soothing for those with difficulty using language; some may even connect with memories of their own treasured pets.

* Dogs in particular can reduce stress, anxiety, and depression, ease loneliness, encourage exercise and playfulness, and even improve your cardiovascular health.

WANT ADS

If you are interested in any of assignments listed please contact:

Volunteer Office
(715) 258-4247

dvakvolunteerservices@dva.wisconsin.gov

KX Karriage: Volunteers needed Monday, Tuesday, Thursday and Friday to take overstock items to the floors in the buildings. One to one communication with members while helping them shop the Karriage.

King Fisher: Colunteers needed to operate the King Fisher (pontoon boat) and to bring members wishing to fish to the dock.

Upcoming Events

May 13th • Saturday
Commemoration Service,
Main Chapel, 1:00 p.m.

We will be honoring all members who have passed away at the Veterans Home during the past six months. Everyone is welcome to attend this service.

May 14th-20th

National Nursing Home Week

This week we celebrate our Home. This year's theme is "The Spirit of America." We will have some fun activities planned for our residents, staff, and volunteers. Keep an eye out for more information.

May 21st • Sunday

Open House, 10:00 a.m.- 2:30 p.m.

We are still looking for a number of volunteers to fill our needs. We need volunteers to work in food stands, wrap food, assist with parking cars, escort Members out to the park, and help with the Dunk Tank.

Contact Jeff Welch if you are able to lend a hand: 715-258-4247, jeff.welch@dva.wisconsin.gov

May 29th • Monday
Memorial Day

See information on front page.

June 5th • Monday

Re-Creation, Park 1:30 p.m.

This is a group of young performers who travel around the country putting on entertaining shows complete with costumes, singing, and dancing. They perform at VA facilities around the country and this year they are again making a stop at King! We will need Volunteers to assist in getting members out to the park for this great event!

General Reminders

Thanks to all the volunteers who continue to provide companionship to our members, assistance to our staff, and a caring presence on our campus!

Last month our newsletter was filled with reminders for you, as our Volunteers, to help us maintain compliance with our guidelines and policies on campus! This month, we'd like to take a moment to update you on some happenings and changes taking place.

Volunteer Record

The volunteer record sheet is to track one to one visits and should be filled out daily and turned in to the activity office at each building you visited. If you do one to one visits in Olson Hall (OH) you should fill out the volunteer record and turn it in at the volunteer station in OH, then, if you go to another building repeat the process for that building.

Free Meals Are Available

You may be furnished a meal, at no charge, if your assignment extends over an established meal period. To qualify, you should work at least 2 hours prior and 2 hours after lunch. To order a meal, volunteers need to sign the meal sheet at Marden Center or call the Volunteer Coordinator no later than 9:00 a.m. the day you need the meal.

IMPORTANT CONTACTS

Fire or Other Emergencies

(715) 258-5586 Ext: 2222

Office of the Commandant

(715) 256-5022

Marden Center Administrator

(715) 256-5019

Volunteer Coordinator

(715) 258-4247

Volunteer Office e-mail

VolunteerServices@dva.wisconsin.gov

Marden Center Donations

(715) 256-5020

King Commissary (KX)

(715) 258-5586 Ext: 2206 or 2352

Veterans Café

(715) 258-5586 Ext: 2364

TB Skin Tests for April

We are still working to get everyone up to date with their TB Skin Tests. Below are the dates for May. We are about 40% there! If you can make it to one of the below dates, report to our Employee Health Nurse's office in MacArthur Hall during the open times. It literally takes just a couple minutes of your time!

May Clinic Times for TB Tests

Wednesday, May 3, 1:00 to 3:00 p.m.

Wednesday May 10, 1:00 to 3:00 p.m.

Monday, May 15, 1:00 to 3:00 p.m.

Wednesday May 24, 8:00 to 11:00 a.m.

Misty Zempel

Employee Health Nurse

MacArthur Hall Room 109

t: 715-258-1672, f:715-258-4248

e-mail:

Misty.Zempel@dva.wisconsin.gov

MacArthur Hall

N2665 County Rd QQ • King, WI 54946

Hours Forms

The new Volunteer Hours Report forms are designed in such a way as to give us an accurate location, volunteer's name and time spent on specific assignments. Please see picture, we ask that the hours sheets be filled out daily so our reports are accurate. Turning in a week's, month's, or in some cases a year's worth of hours complicates our reports. Accurate and daily reporting of hours helps us to best serve our members.

With the startup of the Volunteer Stations in each building, (See April's Volunteer Newsletter) we are trying to make it easier for you to report your hours daily without having to come to the Marden every time. We appreciate your cooperation.

Please Print All Information

It's as easy as A,B,C,D&E

A-The Squares are for your name

B-Then the date: mm/dd/yy

C-Then the building you volunteered in

D-The activity you volunteered for

E-The number of hours you volunteered.